



European Association  
of Geriatric Psychiatry

# **Intensive refresher course in Old Age Psychiatry**

A 3 day CME accredited course organized by the  
European Association of Geriatric Psychiatry  
(EAGP)

**Leuven, Belgium**

**Thursday 24<sup>th</sup> , Friday 25<sup>th</sup> and Saturday 26<sup>th</sup> September 2026**

## Program EAGP Refresher course 24-26<sup>th</sup> September 2026

<b>Thursday 24<sup>th</sup></b>	<b>Type of education</b>	<b>Expert(s)</b>	<b>Title</b>
11:00 – 12:30	Course introduction	Richard Oude Voshaar, Gert-Jan Hendriks, Filip Bouckaert	Welcome
	Journal club 1		Learning from high-quality research papers – What's new in old age psychiatry? - part 1
12:30 – 13:30	Lunch	-	-
13:30 – 15:00	Lecture & meet-the-expert	Stefan Gutwinski (D)	Alcohol addiction in later life
15:00 – 15:30	Coffee/tea break	-	-
15:30 – 17:00	Lecture & meet-the-expert	Gert-Jan Hendriks & Sophie Fitzsimmons (NL)	Obsessive-compulsive disorder
17:00 – 17:30	Short break	-	-
17:30 – 19:00	Lecture & meet-the-expert.	Gavin Stewart (UK)	Autism in later life
19:00 – 21:00	Walking dinner		Option for clinical case discussion during dinner
<b>Friday 25<sup>th</sup></b>	<b>Type of education</b>	<b>Expert(s)</b>	<b>Title</b>
9:00 – 10:30	Lecture & meet-the-expert	Declan McLoughlin (IRL)	ECT (workshop with focus on older people)
10:30 – 11:00	Coffee/tea break	-	-
11:00 – 12:30	Lecture & meet-the-expert	Sebastian Walther (D)	Psychomotor disturbance in depression / clinical aspects, structural and neural mechanisms of catatonia
12:30 – 13:30	Lunch	-	-
13:30 – 15:00	Lecture & meet-the-expert	Lutz Frölich (D)	Fluid biomarkers in neurocognitive disorders
15:00 – 15:30	Coffee/tea break	-	-
15:30 – 17:00	Lecture & meet-the-expert	Mathieu Vandenbulcke (B)	Imaging biomarkers in the differential diagnosis between late onset psychiatric and neurocognitive disorders
17:00 – 17:30	Short break	-	-
17:30 – 19:00	Workshop	Richard Oude Voshaar, Gert-Jan Hendriks, Filip Bouckaert	Guided case discussion
19:00 – 22:00	Dinner (optional)	-	-
<b>Saturday 26<sup>th</sup></b>	<b>Type of education</b>	<b>Expert(s)</b>	<b>Title</b>
9:00 – 10:30	Lecture & meet-the-expert	Cecile Hanon (FR)	Isolated older adults and mobile teams in old-age psychiatry: the ethics of outreach.
10:30 – 11:00	Coffee/tea break	-	-
11:00 – 12:30	Lecture & meet-the-expert	Ellen Van Leeuwen (B)	Polypharmacy and potentially inappropriate prescribing of psychopharmaca in older adults
12:30 – 13:30	Lunch	-	-
13:30 – 15:00	Journal club 2	Beatriz Pozuelo Moyano & Kevin Swierkosz- Lenart (S)	Learning from high-quality research papers – What's new in old age psychiatry?– part 2.
15:00 – 15:30	Closing ceremony	-	-

## Course Objectives

Geriatric psychiatry is widely acknowledged as an important subspecialty of psychiatry. Nonetheless, not all countries across Europe do have established training programs. Moreover, opportunities for retraining are limited, since most psychiatric congresses generally pay little attention to geriatric psychiatry and certainly not cover the whole area of geriatric psychiatry.

Aiming to improve geriatric psychiatry across Europe, the European Association of Geriatric Psychiatry (EAGP) has organised a “*Refresher Course*”, a three-day, high-quality course.

This intensive three-day course in old age psychiatry will provide an in depth review of selected topics, guided case discussions and will update you with the latest high-quality research relevant for clinical practice.

## Format

Our ambition is to provide retraining at the highest quality level in a pleasant, informal atmosphere. To achieve this ambition, different teaching methods will be used including state of the art lectures, meet-the-expert sessions, guided case discussions and discussing research papers.

A main role is given to international experts. Each expert will have 90 minutes to fill in with a lecture as well as a meet-the-expert session. Interaction and discussion will be facilitated due to the small-scale of the course (up to 50 participants) and availability of the experts during the breaks.

Given the limited space, registration will be on a first come, first served basis. Registration will start on 15<sup>th</sup> of January 2026 (application form by e-mail). Your registration is definitive when your payment is received by the organization.

A syllabus with research papers and lecture material will be provided.

## Continuing Education

This program is designed for *consultant old age psychiatrists*.

CME points will be provided. The course will have space for a maximum of 50 old age psychiatrists from all over Europe and other continents.

## Where?

Faculty Club, Leuven, Belgium (<http://www.facultyclub.be/en/history/>). Faculty Club is a unique conference centre. It welcomes its guests to a unique historic setting in the

beguinage's Infirmary, which dates back to the 13th century and which was renovated in the 16th and 17th centuries.

The ancient historical site of the Grand Beguinage was included in the UNESCO World Heritage List in March 2000, and Faculty Club manages a part of this unique complex.

The city Leuven (close to Brussels) is a pleasant, safe and bustling student town, where centuries-rich history meets cutting edge science with the KU Leuven being a centre of learning for nearly six centuries. Today, it is Belgium's largest university and, founded in 1425, one of the oldest and most renowned universities in Europe  
<http://www.kuleuven.be/about/communicatie/marketing/publicaties/infocus-uk.pdf>

### **When?**

Thursday 24th – Friday 25th and Saturday 26th September 2026

### **Which language will be spoken?**

English

### **What are the course fees?**

**Early bird** (from 15<sup>th</sup> of January till 15<sup>th</sup> June 2026) registration will be **900 Euro** for EAGP members. Old age psychiatrist who are member of a national society are usually automatically member of the EAGP.

Registration **after 15<sup>th</sup> June 2026** will be **1000 Euro**. *Old age psychiatrist who are member of a national society are usually automatically member of the EAGP.*

**500 Euro** for colleagues who do not work in high and upper middle income countries as described by the World Bank, as well as colleagues from Croatia, Estonia, Hungary, Latvia, Lithuania, Moldova, Poland, Slovakia (Slovak Republic), Slovenia and Ukraine).

**1250 Euro** for non-EAGP members who work in high and upper middle income countries as described by the World Bank.

Registration is only valid with payment of the registration fee.

The fees cover attendance of the course (and syllabus), lunches and coffee/thee/beverages and the walking dinner (drinks included) on Thursday evening.

Hotel fees are not included, but the secretariat of the Flemish Association of Psychiatry can help you with your booking ([info@vponline.be](mailto:info@vponline.be)). There are lots of hotels in walking distance from the venue at different prices (from 60 Euro on).

Dinner on Friday night at the Faculty Club (<https://www.facultyclub.be/en/restaurant-cum-laude?lang=en>) is optional (100 Euro for a 4 course meal including drinks).

**Cancellation policy**

If you can't make it, you're welcome to have a colleague attend instead. Unfortunately, we will not be able to refund your registration fee.

## **Personalia of the organizing committee and speakers:**

### **Richard Oude Voshaar (The Netherlands):**

Professor of old age psychiatry, Head of the department of Old Age Psychiatry, University Center Psychiatry, UMC Groningen, the Netherlands. President of the EAGP. Co-organiser of the Refresher Course.

### **Filip Bouckaert (Belgium):**

Professor of old age psychiatry KU Leuven and medical director of University Psychiatric Center KU Leuven, Belgium. Vice-president of the EAGP. Co-organiser of the Refresher Course.

### **Gert-Jan Hendriks (The Netherlands):**

Professor and Director Anxiety Disorders OCD and PTSD Research Behavioural Science Institute, Radboud University Nijmegen, the Netherlands. Co-organiser of the Refresher Course

### **Sophie Fitzsimmons (The Netherlands):**

medical doctor and neuroscience researcher at Amsterdam UMC/VU Amsterdam, focused on psychiatric brain research. Her work centers on non-invasive brain stimulation and neuroimaging in disorders such as OCD and anxiety.

### **Stefan Gutwinski (Germany):**

Professor of Psychiatry, Head of Psychotropic Substances Research Group, Head of Research group Mental Health Care Research for Vulnerable Groups, Department of Psychiatry and Neurosciences at the Charité Campus Mitte, Berlin.

### **Gavin Stewart (UK):**

British Academy Postdoctoral Research Fellow.  
Social, Genetic and Developmental Psychiatry Centre, Institute of Psychiatry, Psychology, and Neuroscience, King's College London.

### **Declan McLoughlin (IRL):**

Research Professor of Psychiatry at Trinity College Dublin and consultant old age psychiatrist at St Patrick's University Hospital, Dublin, Ireland.

### **Sebastian Walther (Germany):**

Professor of Psychiatry, Director of the University Hospital of Psychiatry, Psychosomatics, and Psychotherapy University of Würzburg, Germany.

**Lutz Frölich (Germany):**

Professor of Psychiatry, Head of department of Gerontopsychiatry, Central Institute of Mental Health, Mannheim, Germany. He is member of National and International Guideline Committees, and Chair of the European Alzheimer's Disease Consortium (EADC). He also is Deputy Chair of the Ethics Committee of the Medical Faculty Mannheim, University of Heidelberg.

**Mathieu Vandenbulcke (Belgium):**

Professor of Psychiatry, head of department of Old Age Psychiatry, University Psychiatric Center KU Leuven, Director of the Leuven Brain Institute KU Leuven, Belgium.

**Cecile Hanon (France):**

Centre Ressource Régional de Psychiatrie du sujet âgé  
Equipe Mobile de Psychiatrie du sujet âgé –  
Service de Psychiatrie et d'Addictologie de l'adulte et du sujet âgé, Université de Paris Cité.  
Secretary for Education – Board and Executive Committee member – Councillor of the Section of old age Psychiatry of the European Psychiatric Association (EPA).

**Ellen Van Leeuwen (Belgium):**

GP & Clinical Pharmacologist, PhD, Head of Pharmacotherapy Education & Head research group Psychotropics, Ghent University, Belgium. Editor-in-Chief Belgian Center of Pharmacotherapeutic Information.

**Beatriz Pozuelo Moyano (Switzerland):**

Old age psychiatrist, Service Universitaire de Psychiatrie de l'Âge Avancé (SUPAA), Lausanne, Switzerland. Centre Hospitalier Universitaire Vaudois.

**Kevin Swierkosz-Lenart (Switzerland):**

Old age psychiatrist, Responsable Unité de Psychiatrie Interventionnelle, Service universitaire de psychiatrie de l'âge avancé (SUPAA), Lausanne, Switzerland. Centre Hospitalier Universitaire Vaudois.